



PRODUCT PROFILE: PHYTOPOWER B

BLOCK THE SUGAR, PROTECT THE GUT.

Nothing disrupts the balance of the gut microbiome more than sugar. Sugar interferes with good bacteria function and population. Sugar feeds bad bacteria that competes with friendly bacteria for food.

What happens when bad bacteria take over your gut microbiome? You get a gut that's out of balance, lacking proper biotic diversity, and lacking key beneficial biotic strains.

Use PhytoPower B every day to block carbs and sugar and pave the way to a healthy, diverse, balanced, and optimally functioning gut microbiome.*

HOW IT WORKS

PhytoPower B features one of the best and most impressive collections of carb-, starch-, and sugar-blocking ingredients on the planet. Each ingredient in PhytoPower B was carefully chosen because of their ability to work naturally with the body's established functions to block the absorption of many sugars, and thus protect the gut microbiome.

The compounds found within PhytoPower B's impact ingredients work on the cellular level to shut down the sugar receptors in the body. These compounds work together to stop the action of alpha-amylase, which is the enzyme the body uses to break down carbohydrates. Stopping the enzyme prevents the breakdown and absorption of starch in the food. When sugar has nothing to latch on to, it is simply flushed away with the rest of the body's waste.

White kidney bean, L-arabinose, chromium picolinate, green coffee bean, and red beet root make up PhytoPower B's suite of sugar-blocking impact ingredients. Each has been shown to work beautifully within the body—and with each other—to prevent the absorption of carbs, starches, and sugars.



HOW TO USE

PhytoPower B is portioned into individual-serving stick packs, which makes consumption easy and convenient. Simply add a stick pack to 16 ounces of water or another favorite beverage. Mix thoroughly and enjoy.

For best results, drink PhytoPower B before meals. This will help your body block the absorption of many carbs and sugars while you eat.

PhytoPower B has a nice cherry-lime flavor. It's a delicious and convenient way to protect your gut microbiome.



WHAT YOU CAN EXPECT

PhytoPower B's exclusive formula is designed to fight the absorption of many carbs, starches, and sugars by preventing them from being broken down and metabolized during digestion. PhytoPower contributes to a balanced and healthy gut microbiome, and also contributes to these healthy outcomes in the body:



**IMPROVED
NUTRIENT
METABOLISM**



**SUSTAINED
NORMAL BLOOD
SUGAR LEVELS**



**REDUCED HUNGER
AND CRAVINGS**



WEIGHT MANAGEMENT



YOU'LL LOVE THIS

Sugar creates dysbiosis (imbalance) in the gut, which can lead to a weakened immune system, weight gain, blood sugar imbalance, low energy, sleep issues and more. PhytoPower B fights gut microbiome dysbiosis by helping the body block sugar absorption. That makes PhytoPower B the perfect companion product.

PROVEN SUGAR & CARB BLOCKERS

PhytoPower B helps block many sugars and starches with the help of these proven ingredients.



WHITE KIDNEY BEAN

White kidney bean extract is an effective carbohydrate blocker. It works by inhibiting the digestion of certain starches, and thereby preventing them from being broken down into sugars. When carbohydrates are not digested or broken down, they are simply flushed away from the body. White kidney bean can enhance your body's natural ability to block sugar absorption and fat.



L-ARABINOSE

L-arabinose is the naturally occurring isomer and constituent of plant polysaccharides. It is a tremendous support to a healthy diet, and can help the body prevent sugar spikes, maintain a healthy weight, and break the fat-storage cycle.



CHROMIUM PICOLINATE

Chromium picolinate is the form of chromium commonly found in dietary supplements. It is effective at improving the body's response to insulin or lowering blood sugar. It may also help reduce hunger, cravings, and binge eating.



Additionally, PhytoPower B takes advantage of the nutritional benefits of red beet and green coffee bean, which provide natural antioxidants and digestive health agents.

Supplement Facts

Serving Size 1 packet (4.2g)
Servings Per Container 15

Amount per serving	% Daily Value*		
Calories 5			
Sodium <1 mg	<1%		
Total Carbohydrates <1g	0%		
Total Sugars 0g			
Includes 0g Added Sugars	0%		
Protein <1g			
Vitamin D 0mcg	0%*	Iron 0.1mg	<1%*
Calcium 5mg	0%*	Potassium 20mg	<1%*
Chromium 35mcg	100%*		

Proprietary CARBO-SUGAR Blocker BLEND* 2.4g †
Phaseolus vulgaris (White Kidney Bean) Seed Extract, L-Arabinose, Coffea canefora (Green Coffee) Bean Extract, Beta vulgaris (Red Beet) Root Powder Natural Color, Chromium Picolinate.

*Percent Daily Values are based on a 2,000 Calorie diet.
† Daily Value not established

OTHER INGREDIENTS: Malic Acid, Natural Flavors, Steviol Glycosides from Stevia.

FAQs

Q: What's the difference between probiotics and targeted probiotics?

A: Probiotics is a term to describe all beneficial bacteria. There are thousands of strains of beneficial bacteria (that we know of), and the word "probiotics" can be used to describe them all.

Targeted probiotics, on the other hand, is a term used to describe specific strains within the probiotic community. These targeted probiotic strains have unique chemical characteristics that help them zero in on distinct functions and systems in the body. By diversifying the gut with targeted probiotics, you can influence the health of your body in specific ways.

Q: Are there targeted probiotics in PhytoPower B?

A: No. PhytoPower B is a unique PhytoPower booster because its gut-protecting power comes from an impressive blend of sugar- and carb-blocking ingredients, rather than probiotics. Sugar is the gut microbiome's worst enemy—it feeds bad bacteria and contributes to gut dysbiosis. Blocking sugar, then, is a must for proper gut microbiome care. PhytoPower B is the ideal product to create a healthy environment for beneficial probiotics to flourish and grow.

Q: How do I consume PhytoPower B?

A: Simply mix PhytoPower B with 16 ounces (480 ml) of water or your favorite cold beverage. PhytoPower B features a delicious natural cherry-limeade flavor, so it doesn't need a lot of extra flavoring.

Q: How does sugar negatively impact the health of the gut microbiome?

A: Sugar actively disrupts probiotics' abilities absorb healthy nutrients, thereby stunting their growth and reproduction. Sugar also causes beneficial bacteria to stop working properly, and it gives fuel and energy to harmful bacteria strains. Additionally sugar leads to obesity, high blood pressure, and hormone imbalance, which can all negatively impact the brain's ability to communicate with the gut, and vice versa.

Q: Does PhytoPower B have artificial sweeteners, flavors, or colors?

A: No, PhytoPower B does not contain any artificial sweeteners, flavors, or colors.

Q: Does PhytoPower B have any soy, estrogen, or gluten?

A: PhytoPower B contains no soy or estrogen products, and it is gluten free.

Q: Does PhytoPower B have caffeine?

A: PhytoPower B does not contain caffeine.



FAQs

Q: When should I drink PhytoPower B?

A: Because PhytoPower B is best used as a sugar and carb blocker, we recommend drinking it before meals. This will give PhytoPower B's carb- and sugar-blocking impact ingredients an opportunity to coat the lining of the gut and do the work it was designed to do. If drinking just once a day, we recommend drinking PhytoPower B before your biggest meal.

Q: How often should I drink PhytoPower B?

A: We recommend drinking PhytoPower B at least daily, or up to three times a day (before meals). If drinking just once a day, we recommend drinking PhytoPower B before your biggest meal.

Q: Can you mix different PhytoPower products together?

A: Yes. When mixed according to instructions, all PhytoPower products may be consumed simultaneously.

Q: Can you mix PhytoPower B with PhytoPower or Next beverages?

A: We recommend drinking PhytoPower B with at least 16 ounces of liquid, and that can certainly include Next beverages. And PhytoPower B can be mixed with PhytoPower in the same beverage.

Q: Is PhytoPower B safe for kids, expectant mothers, or breastfeeding mothers?

A: PhytoPower B was designed to be safe for people of all ages, but if there's ever a question, please consult a physician.



PHYTOPOWER BRAND MESSAGE

LoveBiome's passion originates from a simple statement: Change One Thing, and Change Everything. We believe that when you take care of your microbiome, your microbiome will take care of you.

The PhytoPower Brand represents the most robust and imaginative innovations in microbiome health.

Our passion is to help everyone discover the life-changing benefits of a thriving, flourishing, healthy biotic community. Within this community are diverse strains of friendly, beneficial bacteria, nourished by the best prebiotics, which in turn fuels the production of powerful postbiotics that energize every cell, system, and function of the body.

DOMINATING THE ERA OF THE MICROBIOME

